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ALYSON JANIYA

Character Building Hatherleigh Press

#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Don't miss the five-part HBO Max docuseries Brené Brown: Atlas of the Heart! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams

spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 500 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

The Sinner's Guide Scepter Publishers

Deep in Thought provides an introduction to intellectual virtues—the personal qualities and character strengths of good thinkers and learners—and outlines a pragmatic approach for teachers to reinforce them in the classroom. With a combination of theoretical expertise and practical experience, philosopher Jason Baehr endorses intellectual virtues as a rich, meaningful way to think about and understand the purpose of education. He makes a persuasive case for prioritizing intellectual virtues in the classroom to facilitate deeper learning, encourage lifelong learning, and enrich teacher practice. Baehr profiles nine key virtues that enable learners to initiate the process of learning, maintain forward momentum, and overcome common obstacles.

With engaging anecdotes and concrete examples, he presents a wealth of principles, postures, and practices that educators can employ in promoting essential habits of mind such as curiosity, open-mindedness, and intellectual courage. Baehr illustrates how opportunities to practice these intellectual habits can be integrated into the classroom in ways that align with current teaching practices. In addition, he shows how educators can adapt these practices to accommodate students' identities, developmental abilities, and interests. This thought-provoking book supports all educators, especially middle and high school teachers, in teaching for intellectual virtues. Deep in Thought is a philosophical and yet practical guide to one of the most important aims of education: helping students become skilled thinkers and learners.

The Geography of Bliss Simon and Schuster

Parents around the globe are facing the common challenges of balancing family and work. And the need has never been more urgent for organizations to recognize how having a family impacts an employees creativity, productivity and performance. Here is a useful guide to help leaders implement country-sensitive work-family policies and create family-responsible environments in which employees can carry out their work and still be fully engaged with their families. In nine chapters, *Balancing Work and Family: Reviews* and addresses the unique cultural, social, political and economic climates in the United States, Latin America, North America, Europe, Asia and Africa; Provides practical recommendations based on solid international research; Presents theory as well as vivid accounts of employee experiences from different geographical regions and cultural backgrounds; Shares examples and business cases illustrating best practices from companies in these regions. The books

perspective is truly global, with chapters written by international authors. It brings together a diverse team including an academic expert who has conducted rigorous studies on work family conflict, a lawyer who addresses the legal environment in some countries and a practitioner with hands-on experience with real employers and employees. Each chapter presents an overview of the factors in a specific region impacting work-family integration, the main challenges to individuals and organizations, solutions companies have implemented and many examples of the processes companies use to foster family-responsible cultures. The authors make a strong case that it is the job organizational leaders not HR professionals to direct change in this important area.

The Distance Between Us Simon and Schuster

Bring compassion, generosity, and kindness into your home with this essential interfaith parenting guide to raising kids in a virtuous and spiritual household, with week-by-week strategies for living your best lives. The most important job parents have is to pass basic virtues on to their children, and this invaluable book is designed to help make that job a little easier. Compiled by The Virtues Project, an international organization dedicated to inspiring spiritual growth in young and old alike, this multicultural, interfaith handbook shows parents and teachers how to turn words into actions and ideals into realities. Drawn from the world's religions, the 52 virtues included here—one for each week of the year—nurture togetherness in family life. The simple strategies, which explain what a virtue is, how to practice it, and signs of success, will engage children of all ages in an exciting process of growth and discovery. This important book shows you how to:

- Learn the language of integrity and self-esteem
- Understand the five roles parents play
- Discover ways to introduce sacred time into family life
- Help children make moral choices

The Family Virtues Guide gives adults and children the tools for spiritual and moral growth. Join the thousands of families discovering simple practices for bringing out the best in each other by sharing The Family Virtues Guide.

Deep in Thought Zondervan

A concise, easy-to-read source of essential tips and skills for writing research papers and career management In order to be truly successful in the biomedical professions, one must have excellent communication skills and networking abilities. Of equal

importance is the possession of sufficient clinical knowledge, as well as a proficiency in conducting research and writing scientific papers. This unique and important book provides medical students and residents with the most commonly encountered topics in the academic and professional lifestyle, teaching them all of the practical nuances that are often only learned through experience. Written by a team of experienced professionals to help guide younger researchers, *A Guide to the Scientific Career: Virtues, Communication, Research and Academic Writing* features ten sections composed of seventy-four chapters that cover: qualities of research scientists; career satisfaction and its determinants; publishing in academic medicine; assessing a researcher's scientific productivity and scholarly impact; manners in academics; communication skills; essence of collaborative research; dealing with manipulative people; writing and scientific misconduct: ethical and legal aspects; plagiarism; research regulations, proposals, grants, and practice; publication and resources; tips on writing every type of paper and report; and much more. An easy-to-read source of essential tips and skills for scientific research Emphasizes good communication skills, sound clinical judgment, knowledge of research methodology, and good writing skills Offers comprehensive guidelines that address every aspect of the medical student/resident academic and professional lifestyle Combines elements of a career-management guide and publication guide in one comprehensive reference source Includes selected personal stories by great researchers, fascinating writers, inspiring mentors, and extraordinary clinicians/scientists

A Guide to the Scientific Career: Virtues, Communication, Research and Academic Writing is an excellent interdisciplinary text that will appeal to all medical students and scientists who seek to improve their writing and communication skills in order to make the most of their chosen career.

The Virtue of Selfishness Penguin

Do unto others as you would others should do to you. You can never be rude if you bear the rule always in mind, for what lady likes to be treated rudely? True Christian politeness will always be the result of an unselfish regard for the feelings of others, and though you may err in the ceremonious points of etiquette, you will never be impolite. Politeness, founded upon such a rule, becomes the expression, in graceful manner, of social virtues. The spirit of politeness consists in a certain attention to forms and

ceremonies, which are meant both to please others and ourselves, and to make others pleased with us ;a still clearer definition may be given by saying that politeness is goodness of heart put into daily practice; there can be no true, politeness without kindness, purity, singleness of heart, and sensibility. Many believe that politeness is but a mask worn in the world to conceal bad passions and impulses, and to make a show of possessing virtues not really existing in the heart; thus, that politeness is merely hypocrisy and dissimulation. Do not believe this; be certain that those who profess such a doctrine are practising themselves the deceit they condemn so much.

For the Strength of Youth Oxford University Press

OUR DEAR YOUNG MEN AND YOUNG WOMEN, we have great confidence in you. You are beloved sons and daughters of God and He is mindful of you. You have come to earth at a time of great opportunities and also of great challenges. The standards in this booklet will help you with the important choices you are making now and will yet make in the future. We promise that as you keep the covenants you have made and these standards, you will be blessed with the companionship of the Holy Ghost, your faith and testimony will grow stronger, and you will enjoy increasing happiness.

Nicomachean Ethics North Atlantic Books

Responsibility. Courage. Compassion. Honesty. Friendship. Persistence. Faith. Everyone recognizes these traits as essentials of good character. In order for our children to develop such traits, we have to offer them examples of good and bad, right and wrong. And the best places to find them are in great works of literature and exemplary stories from history. William J. Bennett has collected hundreds of stories in *The Book of Virtues*, an instructive and inspiring anthology that will help children understand and develop character -- and help adults teach them. From the Bible to American history, from Greek mythology to English poetry, from fairy tales to modern fiction, these stories are a rich mine of moral literacy, a reliable moral reference point that will help anchor our children and ourselves in our culture, our history, and our traditions -- the sources of the ideals by which we wish to live our lives. Complete with instructive introductions and notes, *The Book of Virtues* is a book the whole family can read and enjoy -- and learn from -- together.

Technology and the Virtues Hyperion

Provides programs and materials from a multi-faith, multi-cultural perspective to aid parents as the first educators to impart values and virtues.

The Virtues Guide Families by Design Incorporated

"Character" has become a front-and-center topic in contemporary discourse, but this term does not have a fixed meaning. Character may be simply defined by what someone does not do, but a more active and thorough definition is necessary, one that addresses certain vital questions. Is character a singular characteristic of an individual, or is it composed of different aspects? Does character--however we define it--exist in degrees, or is it simply something one happens to have? How can character be developed? Can it be learned? Relatedly, can it be taught, and who might be the most effective teacher? What roles are played by family, schools, the media, religion, and the larger culture? This groundbreaking handbook of character strengths and virtues is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits. They approach good character in terms of separate strengths--authenticity, persistence, kindness, gratitude, hope, humor, and so on--each of which exists in degrees. Character Strengths and Virtues classifies twenty-four specific strengths under six broad virtues that consistently emerge across history and culture: wisdom, courage, humanity, justice, temperance, and transcendence. Each strength is thoroughly examined in its own chapter, with special attention to its meaning, explanation, measurement, causes, correlates, consequences, and development across the life span, as well as to strategies for its deliberate cultivation. This book demands the attention of anyone interested in psychology and what it can teach about the good life.

Character Strengths and Virtues Random House

A collection of stories and poems presented to teach virtues, including compassion, courage, honesty, friendship, and faith.

The Gentleman's Guide to Vice and Virtue Harvard Education Press

Traces the author's experiences as an illegal child immigrant, describing her father's violent alcoholism, her efforts to obtain a higher education, and the inspiration of Latina authors.

Family Virtues Human Resource Development

Helping young people to form their character is an exciting

endeavor that God has entrusted first of all to parents. It requires delicacy and strength, patience and joy, and is not lacking in challenges. It means helping children develop a concern for others, teaching them to form relationships that are truly human, and overcoming the fear of commitment. Educating children involves preparing them for the future—a future that will always involve difficulties, but also joys. In the end, it means preparing each child to respond fully to God's plan for his or her life. The twenty-one essays contained in this book will help parents in this great task. Whether dealing with adolescent development issues, discipline, modesty, passing on the faith, or other parenting matters, this book covers it all with supernatural outlook and common sense. Written in an open-ended style that empowers parents to find their own solutions, it can be read straight through from beginning to end, or by skipping to specific chapters, according to one's interests and needs. Both young parents and those with more experience will benefit from the insights found here.

The Virtues Guide Bowen Island, B.C. : Personal Power Press International Incorporated

Understand the different types of upsets and traumas your child may experience—and learn how to teach them how to be resilient, confident, and even joyful The number of anxious, depressed, hyperactive and withdrawn children is staggering—and still growing! Millions have experienced bullying, violence (real or in the media), abuse or sexual molestation. Many other kids have been traumatized from more "ordinary" ordeals such as terrifying medical procedures, accidents, loss and divorce. Trauma-Proofing Your Kids sends a lifeline to parents who wonder how they can help their worried and troubled children now. It offers simple but powerful tools to keep children safe from danger and to help them "bounce back" after feeling scared and overwhelmed. No longer will kids have to be passive prey to predators or the innocent victims of life's circumstances. In addition to arming parents with priceless protective strategies, best-selling authors Dr. Peter A. Levine and Maggie Kline offer an antidote to trauma and a recipe for creating resilient kids no matter what misfortune has besieged them. Trauma-Proofing Your Kids is a treasure trove of simple-to-follow "stress-busting," boundary-setting, sensory/motor-awareness activities that counteract trauma's effect on a child's body, mind and spirit.

Including a chapter on how to navigate the inevitable difficulties that arise during the various ages and stages of development, this ground-breaking book simplifies an often mystifying and complex subject, empowering parents to raise truly confident and joyful kids despite stressful and turbulent times.

The Virtues Guide Bantam

A Kirkus Prize nominee and Stonewall Honor winner with 5 starred reviews! A New York Times bestseller! Named one of the best books of 2017 by NPR and the New York Public Library! "The queer teen historical you didn't know was missing from your life."—Teen Vogue "A stunning powerhouse of a story."—School Library Journal "A gleeful romp through history."—ALA Booklist A young bisexual British lord embarks on an unforgettable Grand Tour of Europe with his best friend/secret crush. An 18th-century romantic adventure for the modern age written by This Monstrous Thing author Mackenzi Lee—Simon vs. the Homo Sapiens Agenda meets the 1700s. Henry "Monty" Montague doesn't care that his roguish passions are far from suitable for the gentleman he was born to be. But as Monty embarks on his grand tour of Europe, his quests for pleasure and vice are in danger of coming to an end. Not only does his father expect him to take over the family's estate upon his return, but Monty is also nursing an impossible crush on his best friend and traveling companion, Percy. So Monty vows to make this yearlong escapade one last hedonistic hurrah and flirt with Percy from Paris to Rome. But when one of Monty's reckless decisions turns their trip abroad into a harrowing manhunt, it calls into question everything he knows, including his relationship with the boy he adores. Witty, dazzling, and intriguing at every turn, *The Gentleman's Guide to Vice and Virtue* is an irresistible romp that explores the undeniably fine lines between friendship and love. Don't miss Felicity's adventures in *The Lady's Guide to Petticoats and Piracy*, the highly anticipated sequel!

Holy Bible (NIV) Nursesbooks.org

Helping young people to form their character is an exciting endeavor that God has entrusted first of all to parents. It requires delicacy and strength, patience and joy, and is not lacking in challenges. It means helping children develop a concern for others, teaching them to form relationships that are truly human, and overcoming the fear of commitment. Educating children involves preparing them for the future--a future that will always

involve difficulties, but also joys. In the end, it means preparing each child to respond fully to God's plan for his or her life.

Reclaiming Virtue Penguin

The best-selling author of *Creating Love* sets out to redefine what it means to live a moral life in today's world by helping readers reclaim and cultivate their inborn moral intelligence by developing one's instincts for goodness in childhood and nurturing them through one's adult life to promote good character and moral responsibility.

Family Virtues Createspace Independent Publishing Platform
Mom's Choice Award Gold Recipient, Category: Juvenile 1--Self help
Thirteen adventure stories introduce children to the concept of virtue and demonstrate how virtuous behavior can make the world a better place. Each tale is built around four of the 52 virtues that have been identified by The Virtues Project(tm), a

global grassroots initiative that inspires the practice of virtues in everyday life. The collected stories bring the virtues to life in lively, entertaining adventure tales designed to be read aloud to young listeners. Each tale is followed by clear, age-appropriate definitions of the virtues for the adult reader and the young audience to explore. Discussion questions are also provided to draw the children into a conversation about each story. These interactive tools foster a more profound understanding of the virtues, help children put each virtue into context within their own experiences, and provide a rich environment for learning--while young and old enjoy the thrill of a well-told yarn.

The Family Virtues Guide Springer

The NIV is the world's best-selling modern translation, with over 150 million copies in print since its first full publication in 1978. This highly accurate and smooth-reading version of the Bible in

modern English has the largest library of printed and electronic support material of any modern translation.

When Love Is Not Enough HarperCollins

Highly controversial when it was first published in 1981, Alasdair MacIntyre's *After Virtue* has since established itself as a landmark work in contemporary moral philosophy. In this book, MacIntyre sought to address a crisis in moral language that he traced back to a European Enlightenment that had made the formulation of moral principles increasingly difficult. In the search for a way out of this impasse, MacIntyre returns to an earlier strand of ethical thinking, that of Aristotle, who emphasised the importance of 'virtue' to the ethical life. More than thirty years after its original publication, *After Virtue* remains a work that is impossible to ignore for anyone interested in our understanding of ethics and morality today.